
SWEETS & TREATS

Our fresh-baked sweets contain real butter, locally milled organic flours, organic fair trade sugars, and no preservatives. Made with love every morning for you to enjoy!

Mint Chocolate Chip Cookie

Made with organic flour and organic chocolate chips **.95**

Gluten-Free Big Feast Cookies **GF**

Selections include chocolate fudge pecan explosion, vegan peanut butter cookie **1.10**

Bag of 6 Assorted Cookies

Mix it up! Choose from mint chocolate chip, chocolate fudge pecan explosion, or vegan peanut butter **5.50**

Bolivian Honeymoon Muffin

High in protein, low in sugar, sweetened with golden raisins; quinoa, carrots, organic pumpkin seeds **3.75**

Banana-Carob Muffin **GF**

Made with our gluten-free flour blend and banana chips **4**

Rocky Ridge Bar **GF**

Gluten-free crust topped with our caramel, chocolate ganache, pumpkin seeds, spiced pecans, almonds **4**

Raw Vegan Coconut S'Mores **GF**

Pecan date bottom, organic cocoa middle, raw agave, coconut topping **4.50**

Baked Cheesecake

Baked with fresh lemon zest on a graham crust; topped with seasonal in-house preserves **6.50**

Flourless Chocolate Cake **GF**

Belgium chocolate, crème anglaise, and berry compote **7**

Organic Peanut Butter Crunch **GF**

Corn flakes, chocolate, honey, house-made organic peanut butter **4**

Lemon Tart **GF**

House-made lemon curd, berry compote, vanilla cream **6**

Raspberry Almond Bars **GF**

Gluten-free oat base topped with white chocolate, house-made raspberry jam, almonds, and butterscotch chips **5**

COCKTAILS

Big Feast Caesar 1oz 6 2oz 9

House hot sauce, pickled carrots

Classic Mimosa 3oz 6

Sparkling wine and orange juice in a champagne glass (*weekends only*)

Big Feast Mango Mimosa 3oz 6

Sparkling wine and mango juice in a champagne glass (*weekends only*)

Mike's Hard Lemonade 1oz 6 2oz 9

Our own house-made lemonade with raspberry sour puss, local vodka

Mike's Hard Iced Tea 1oz 6 2oz 9

Our house-made iced tea with local vodka and a splash of mango

Raspberry Mojito 1oz 6.5 2oz 10

White rum, soda, raspberry purée, fresh mint, fresh lime, and house-made simple syrup

Big Feast Cold Coffee 1oz 6 2oz 9

Iced Saltspring espresso, milk, Kahlua; topped with a splash of Baileys

Baileys Latté 1oz 6.5 2oz 10

Saltspring espresso, steamed milk, Baileys; topped with fresh Baileys whipped cream

Baileys & Coffee 1oz 6 2oz 9